REACH OUT...THERE IS HELP!
ACCESS TO PREGNATAL CARE

KIDS HELP PHONE 1-800-668-6868
• 24/7 COUNSELLING SERVICES FOR ANY QUESTIONS OR CONCERNS YOU HAVE
• NO CALL DISPLAY SO COMPLETELY CONFIDENTIAL

CRISIS SERVICES 1-800-263-4944
• FOR CHILDREN AND/OR FAMILIES GOING THROUGH A CRISIS, OR VERY DIFFICULT TIME.
• AVAILABLE 24/7 COUNSELLING SERVICES

SEXUAL HEALTH CENTERS
• FREE, NON-JUDGEMENTAL, CONFIDENTIAL SERVICE FOR INDIVIDUALS SEEKING ASSISTANCE FOR ANY SEXUAL HEALTH CONCERNS
• THE STAFF ARE NURSES, NURSE PRACTITIONERS, AND DOCTORS

St. Catharines 905-688-3817
Niagara Falls 905-358-3636
Fort Erie 905-871-6513
Welland 905-734-1014

HEALTH BUS IS A MOBILE PUBLIC HEALTH CLINIC OPERATED BY THE PUBLIC HEALTH DEPARTMENT.
• TREATMENT OF MINOR MEDICAL CONDITIONS
• SEXUAL HEALTH COUNSELLING, EDUCATION, TESTING AND TREATMENT
• DENTAL CARE
• STAFF INCLUDE: TWO REGISTERED NURSE PRACTITIONERS, PUBLIC HEALTH NURSES, DENTAL HYGIENISTS, AND A COMMUNITY SUPPORT WORKER
• THE HEALTH BUS VIRTUALLY VISITS ALL COMMUNITIES IN THE NIAGARA REGION. WATCH FOR THE HEALTH BUS THROUGHOUT THE REGION. LOG ON TO WWWREGIONALNIAGARACAN THEN CLICK ON “H” IN THE INDEX FOR HEALTH BUS TO FIND OUT HEALTH BUS SCHEDULES.