

What would you do?

Materials:

- [Scenario cards](#)
- Chart paper and markers

Instructions:

- Briefly review the effects of substance use and some refusal skills students might use when offered alcohol, drugs, or tobacco (to do so, provide a summary or initiate a brief discussion).
- Organize students into small groups or pairs.
- Have a student read the scenario on the card aloud to the whole class and/or have a group of students act out the scenario.
- Ask students to discuss the scenario in their groups, reflecting on how they would feel and what they would do if they were in that situation.
 - Prompts:
 - *How might you feel?*
 - *What could you do?*
 - *What could be challenging about that?*
 - *What or who can help you in this scenario (e.g. skills, resources)?*
- After a few minutes, ask students to share some of their reflections with the whole class.
- Repeat this activity with different scenarios.
- Close the activity by reviewing some of the refusal skills and resiliency resources (e.g. trusted adults, supportive friends and family, school, community, talents/skills, etc). Write skills and resources on chart paper to be displayed in the classroom.

Variations:

- **Quick Review:** Whenever time permits (5-10 minutes), revisit one or two scenarios.
 - Place the scenario cards in a box and pick one at random whenever time permits (e.g. a short break between lesson periods or before dismissal).

Teaching Tool

Be Drug Free – Grade 6

- Read the scenario aloud and allow students to discuss it in small groups or as a whole class.
- Students can discuss scenarios in pairs or small groups as an enrichment activity after completing other work.
- Students can come up with their own scenarios to which their classmates can respond.