

Learning Activity

Be drug-free trivia game

Materials:

- [Q&A cards](#)
- Individual letters printed 'B-E-D-R-U-G-F-R-E-E'

Instructions:

- Divide the class into two teams and inform them of the game rules.
 - Either establish a system for teams to signal in order to answer questions or alternate between teams for each question.
 - Each team's objective is to spell "Be drug free" before the opposing team, earning a new letter with each correct response.
- Read the first question aloud to the students and allow students to answer the question.
- If the answer is correct, the team earns a letter.
 - Optional: If the answer is incorrect, the other team will have a chance to steal.
- Supplement or clarify wherever necessary, with the help of the Core Knowledge Content.
- Close the activity by discussing what they learned and how they can "Be drug free"
 - Ask the students: *"If a group of your friends are considering using alcohol or other drugs and your decision is to remain drug-free, what could you do/say to resist this pressure?"*
 - Reinforce to students that this is not easy to do because we typically want to be liked by our peers/friends and to feel like we fit in. In some situations, you might have to say "no" numerous ways and numerous times.
 - Avoid the group
 - Walk away
 - Give reason/excuse i.e., I am in training for track and field
 - Suggest an alternative i.e., let's go to the movies

Teaching Tool

Be Drug Free – Grade 6

- Say...“Can you imagine what would happen if my parents found out?
No way – I want to live until at least tomorrow”
- Say...“Respect my decision – I respect yours”
- Say...“Look I’d rather not”
- “I’ll catch up with you tomorrow – I’ve got other things I’d like to do”

Variations:

- **Quick Review:** Whenever time permits (5-10 minutes), the Q&A cards from this game can be used as a quick review activity by asking the students to answer as many questions correctly in the available time as possible.
- Students can also play this game in small groups or pairs