

Factors of Cannabis Use

Time: 30 minutes

Materials

- Flipchart paper
- Markers
- Tape

Preparation

- Create and write one factor on each piece of flip chart paper (E.g. Personal Values, Peer Pressure, Media Influence, Curiosity, Legal Restrictions, Cultural, Religious & Spiritual Teachings)
 - Teacher can modify or use different factors if preferred
- Arrange classroom so that there is adequate space for group work

Instructions

- Divide the class into seven groups and assign one factor to each group
- Provide groups with 10 minutes to brainstorm ways that their assigned factor can influence someone's decision about use cannabis
- Groups will record their ideas on the flip chart paper provided
- Once complete, groups will then tape their flip chart paper on the board or wall
- As a class, review each factor and the ways that it can influence cannabis use. Allow opportunity for additional class discussion regarding each factor

Discussion Questions

- Are there any other factors that can affect cannabis use?
- Do you think these factors would remain the same for adults? Why or why not?
- Do these factors negatively or positively influence a person's life?
- What school and community resources are available for support to students who are experiencing difficulty coping with substance misuse?

Variations

- Groups can then hang their flipcharts on the board and students can walk around the room to see other perspectives about cannabis use
- Students may add additional ideas to the flipcharts
- Discuss as a class