

Healthy me: art assignment

Time: 60+ minutes

Materials

- Animal character blurbs
- Pencil crayons
- Blank paper

Instructions

- Provide students with the four blurbs below that describe how each character stays healthy
- Students will then use the blurbs as drawing prompts. Ask students to read each of the blurbs and select two of the characters they would like to illustrate
- Then, consider having students illustrating a third picture that shows another way they like to keep healthy. This picture will be a self-portrait rather than an animal drawing
- Once students have completed this activity, ask them to answer the following questions:
 - Which animals did you choose?
 - Why did you choose this animal?
 - Do you do the same personal hygiene routines as any of the animals? If so, what are they?