

**Give consent  
to have sex**

**Buy/Get a  
condom**

**Talk to partner  
about STI  
AND pregnancy  
protection**

**Store condoms at  
room temperature  
away from direct  
sunlight**

**Check  
expiry date**

**Check for holes in  
packaging by  
giving condom a  
gentle squeeze**

**Check for writing on  
condom packaging  
saying that it provides  
STI/HIV protection**

**Slide condom to  
the side of  
package and  
open carefully**

**Make sure the  
condom will go on  
the right way**

**(a crease can be seen between the  
condom and the roll)**

**Unroll the  
condom down to  
the base of penis**

**Pinch the tip  
of the  
condom**

**Right after ejaculation,  
hold the rim of the  
condom in place and  
withdraw penis from  
the partner**

**Take condom  
off carefully to  
avoid spilling**

**Throw condom  
into garbage, not  
down the toilet**

**Tie condom  
in a knot**