

# Differing Abilities – Healthy vs. Unhealthy Matching Game

Time: 20-30 minutes

## Materials

- Healthy vs. Unhealthy Matching Game
- Healthy vs. Unhealthy Sorting Worksheet
- Lined paper
- Pens/pencils

## Instructions

- Cut out, shuffle and spread the Healthy vs. Unhealthy Matching Game cards across a table face down
- Have the students turn one card over and read it out loud
- Then turn another card over and read it out loud
- If the cards are a match, place them to the side of the game, and then draw again
- If the cards are not a match, flip both cards over and start again
- The goal is to find all the matching cards for both healthy and unhealthy choices with cannabis use

## Variations

- Using the Healthy vs. Unhealthy Sorting Worksheet, have the students sort the cards into two categories: Healthy Choice or Unhealthy Choice
- Once complete, students can re-write the unhealthy choices to turn them into a healthy choice on lined paper