

Seniors Community Programs Referral Form

Please complete and return this form by fax to 905-984-6409 or online referral at: niagararegion.ca

To be eligible for Seniors Community Programs programs, clients must have Ontario health coverage, not reside in long-term care, and typically be 60 or older.

Client Information

Is the client aware of the referral? Yes No

Client first name:

Client last name:

Preferred name:

Marital status:

Date of birth (mm/dd/yyyy):

Health card number:

Gender: Male Female Other

Preferred Pronouns:

Preferred language: English French Other:

Bilingual: Yes No

Francophone: Yes No

Identifies as Indigenous: Yes No Prefer not to disclose

Address:

City:

Postal code:

Phone (home):

Phone (cell):

Email:

Contact Person (Who should we contact regarding this referral)

Contact client directly: Yes No

If 'No', please complete fields below

Contact first name:

Contact last name:

Phone (home):

Phone (cell):

Email:

Relationship to client (Spouse, power of attorney, etc.):

Referring Agency Information

Referring agency name:

Agency contact name:

Agency phone number:

Hospital discharge date (If Applicable) (mm/dd/yyyy):

Does the client have a coordinated care plan? Yes No

Check Program(s) Referred to

Seniors Outreach Programs

Outreach is a short-term, goal-oriented service that supports older adults in Niagara in becoming more connected and reducing risk. Community workers link clients to services and resources that help them live safely and independently at home. There is no fee for this service, but clients may be referred to paid services with their consent. **Outreach does not provide crisis response.**

Healthy, Safe & Strong – Exercise Program

This free group exercise program led by certified fitness instructors helps older adults stay active, healthy and independent. It includes seated and standing exercises to support daily activities. Participants must be able to do the exercises independently (modifications are provided). Classes are available online and at multiple locations in Niagara.

South Niagara Health and Wellness Centre: Gilmore Community Hub

This program offers physical rehabilitation, exercise and wellness education through partnerships with community and health care providers. A doctor's referral is required for the rehabilitation part and the program can assist with this.

Adult Day Program

This program offers a supportive group setting for older adults with physical and cognitive challenges related to aging. It includes opportunities for social interaction, physical exercise and cognitive stimulation. Each week features themes inspired by the seasons and local events, offering engaging and fun subjects to explore. Programs are available at multiple locations in Niagara.

Fees apply.

Respite Companion Program

This program is for individuals living with or being diagnosed with progressive dementia such as Alzheimer's disease. Clients are matched with a respite companion who provides social visits in the client's home. These visits offer care partners respite while clients take part in activities based on their interests. **Fees apply.**

Niagara Aphasia Program

Weekly small conversation groups for individuals with Aphasia, focusing on strengthening communication skills through different strategies. The goal is to encourage active participation in conversations. **Fees apply.**

Wellness Supportive Living

Clients must be an existing tenant at one of the following addresses to be eligible:

211 King St., Welland 4900 Buckley Ave., Niagara Falls
479 Carlton St., St. Catharines 15 Gale Cr., St. Catharines

This partnership offers health, wellness and community services in four Niagara Regional Housing buildings.

Clinics, workshops, education, or exercise offered within the buildings.

If known:

Community Worker support for connection to services and supports offered in the community.

Reason(s) for Referral

Check all that apply:

Cognitive decline

Hospital discharge

Health care support

Instrumental activities of daily living (IADLs) ex. Meal preparation, chores, bill payments

Activities of daily living (ADLs) ex. Bathing, toileting, dressing

Mental health

Abuse

Wellness education

Exercise

Social engagement

Isolated/limited support

Mobility

Caregiver stress

Information/resources

Legal

Financial concerns

Housing/transitional support

Substance use support

Other:

Provide details regarding the reason for referral chosen:

Other Services

List any other services client is currently receiving:

Known Risks

Yes	No	If 'Yes', please complete fields below	
		Pets	Hoarding/squalor
		Weapons	Physical environment (Home structure)
		Remote location	Other:
		Infestation	
		Neighbourhood	

Provide further information on the known risks selected:

Our staff will follow up on your referral and may contact you regarding other Seniors Community Programs offered that you may be suitable for based on the information provided. However, it's up to the client to decide if they want to accept or participate in the service.

To protect privacy, we cannot share client information or updates with referral sources without the client's consent. If you have any questions or concerns, contact our intake team at 905-984-2621 or toll-free at 1-877-212-3922.

In accordance with our privacy policy, Seniors Community Programs will not under any circumstances use any information provided on this form for any purpose that is inconsistent with the purpose for which the information was provided.

Personal Information will be collected, used and disclosed by Niagara Region Community Services, in accordance with the **Municipal Freedom of Information and Protection of Privacy Act** (MFIPPA), for the purpose of administering programs effectively. Personal Information could be shared with other Niagara Region Community Services programs to provide the best access to our services. Please refer any questions to the Access & Privacy Office at 905-980-6000, ext 3779 or FOI@niagararegion.ca.