

 When you become parents, there will be additional tasks to consider. Will your responsibilities remain the same or shift somewhat? Who will be responsible for the new additional baby/child care tasks? Consider the following additional tasks and complete the chart as you did on the previous pages.

Partner (or support person)		Hers
Baby Care		
	changing diapers	
	feeding (breast, bottle)	
	bathing baby	
	walking, playing and talking with the baby	
	putting the baby to sleep	
	taking baby to medical checkups	
	parenting education	
	arranging babysitting	
	caring for baby/child when sick	
	shopping for baby needs	

There are many decisions to make before taking that final step towards parenthood. Keep your communication lines open and honest. A strong relationship between the two of you will establish a firm foundation on which to build a family.