

Crib and Mattress Set

Tips for Keeping Your Child Safe

WARNING - Did you know? Older cribs manufactured **before September 1986** do not meet Canadian government safety regulations and are **not safe** to use.

CRIB TIPS:

Put the crib together following the manufacturer's instructions.

Keep the crib rails up and locked in place when your child is in the crib. Only lower the rail when placing your infant or child in the crib. Then lift the rail up into the locking position immediately.

Check the crib often to make sure it is still properly secure. Always check for any loose screws and tighten as needed.

Protect your child from strangulation or suffocation in their crib:

Keep the crib away from blind cords and windows. Blind cords should be safely secured and out of your child's reach.

Remove items from your crib that could strangle your child such as a necklace, scarf, reachable mobile, or long cord pacifiers and bumper pad strings.

Your child should never be trapped or tied into the crib.

Bumper pads are not recommended for use in your child's crib. Should you choose to use bumper pads, remove them once your child can pull themselves up to stand. Children can fall out of cribs by standing on the bumper pads and climbing over the railing. Make sure each tie string on the bumper pad is no more than 6cm (2inches).

Do not put pillows, comforters, or stuffed animals in the crib because they can suffocate your child. If your child stands on them they could climb over the crib railing and fall out of the crib.

MATTRESS TIPS:

A mattress should always be firm. Mattresses that are too soft or worn down could dent in some areas. If the infant rolls into the dented area he/she may become trapped and could suffocate.

Mattresses should fit snugly on all sides of the crib. Space between the sides of the crib and mattress should not be more than 3cm (1 ¼ inch), otherwise your infant could be trapped and suffocate between the mattress and crib rail.

As soon as your child can sit unassisted, lower the mattress to its lowest position to stop the child from climbing over the rail and falling out of the crib.