Teaching Tool Vaping - Grade 4-8

SCENARIO I

Role Play: Michael spends a lot of time on Instagram following different accounts. Several of the Instagram accounts have started showing people vaping in the pictures and videos they post. Michael has never vaped before but wants to start so he can post videos of himself vaping on Instagram and be part of the trend.

Class Discussion: As a friend, what could you do to better inform Michael's decision?

SCENARIO 2

<u>Role Play</u>: Gloria has been curious about vaping ever since her friend started to vape. She has never smoked before but her friends tell her it is less harmful than cigarettes. Gloria thinks vaping would be okay to try because she thinks that there are no harmful effects.

<u>Class Discussion</u>: Are there any health risks associated with vaping? What can Gloria do to get more information about the use of e-cigarettes?

SCENARIO 3

Role Play: Each time Rocco enters the boy's washroom at his school he notices that there are more and more people vaping. In one instance, he had an asthma attack inside the boy's washroom as a result of being exposed to vaping.

<u>Class Discussion</u>: What could Rocco do in this situation and what could he do after the fact to address the issue?

SCENARIO 4

Role Play: Today is Kimberly's first day at her new school. Her classmates invited her to vape with them after class. Kimberly has always been curious about vaping and has a chance to make some new friends.

Class Discussion: What could Kimberly do in this situation?

SCENARIO 5

Role Play: Samantha has been concerned about her friend's vaping habits. Her friend, Eva, started vaping 2 months ago and is now vaping constantly. Samantha is afraid that Eva may have become addicted to vaping and is concerned about her health.

Class Discussion: What could Samantha do in the situation?

SCENARIO 6

Role Play: Jake has had a difficult time keeping friends. A group of boys from his class invite him for a sleepover after school. When he arrives at the sleepover, the group of boys are playing video games and vaping. They are passing around the vape and it comes to him. Jake knows it is not good for him but he wants to fit in.

Class Discussion: How would Jake get out of this situation?

