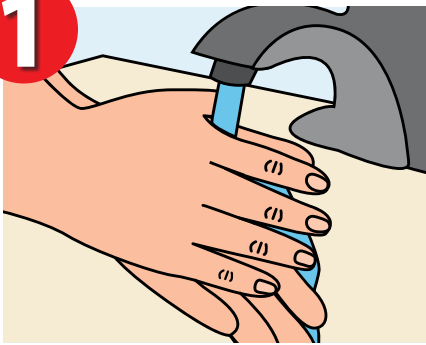


# STOP

## clean your hands

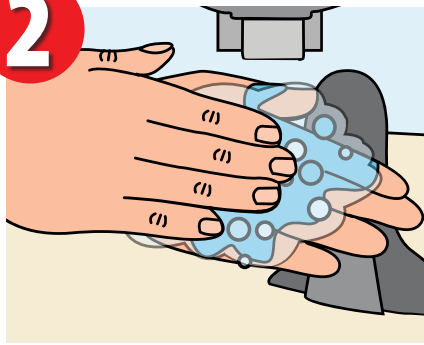
with soap and water for at least 20 seconds

1



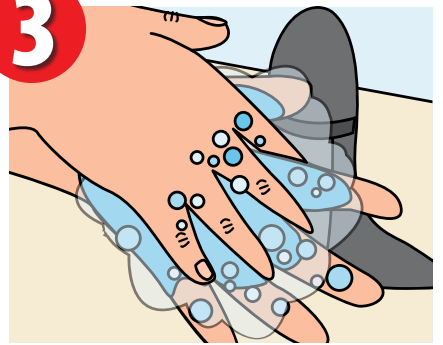
Wet hands and wrists

2



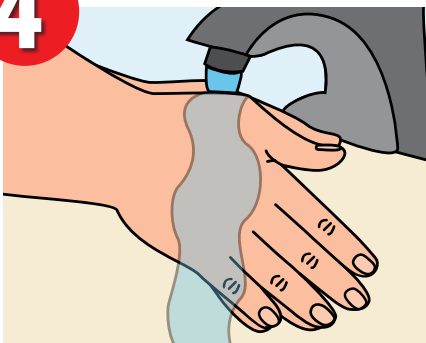
Use soap to scrub palms and backs of hands

3



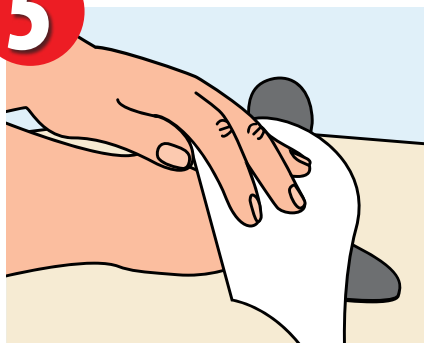
Scrub in between and around fingers and thumbs

4



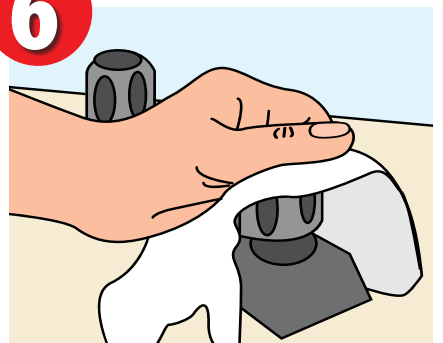
Rinse well under running water

5



Wipe and dry hands with paper towel

6



Turn off water using paper towel